

Nyingchi • Lulang • Ranwu • Bomi • Lhasa • Yamdrok Lake • Chengdu

2290
TRAVEL

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漫游西藏

11DON Wanderlust

Tibet

Autumn in Tibet's Snowlands

Snow Mountain Blessings | Golden Autumn Forests | Glaciers and Sacred Lakes | Holy City Culture

It's not just travel, it's an immersive Tibetan way-of-life experience

01 | Enter Tibet at a Lower Altitude, Begin with Autumn Colors and Blessings

Yani National Wetland Park | Sejila Pass

Begin your journey at Yani National Wetland Park and Sejila Pass, where golden wetlands, clear rivers, and emerald forests showcase Tibet's autumn colors. At Sejila Pass, admire Mount Namjagbarwa and write your wishes on wind horse flags, letting the mountain breeze carry your blessings.



Mount Namjagbarwa

China's most beautiful snow mountain, known as "the father of all mountains in Tibet."

Sejila Pass

Where snow mountains meet prayer flags, and the soul meets blessings.

At 4,728 meters above sea level, Sejila Pass is one of the best viewpoints for Mount Namjagbarwa. Write your wishes on wind horse flags, and let every fluttering flag carry a blessing.

Experience scattering wind horse papers, letting your blessings drift with the mountain breeze into the sky.



Yani National Wetland Park

A golden autumn palette hidden in the highland wetlands

Walk along the wooden boardwalk, where golden forests and the clear blue Niyang River unfold beneath the snow mountains, creating a vivid autumn scene on the plateau.

Niyang River

Follow the Niyang River Scenic Belt and enjoy valley views, snow mountain reflections, and peaceful highland countryside scenery, experiencing the purity and tranquility of Tibet's "Jiangnan."



02 | Golden Autumn Forests, A G318 Autumn Walk

Lulang Forest | Zhaxigang Village | Highland Pastures | Gangyunshan Forest

Lulang Forest, Tibetan villages, and highland pastures soften the autumn days beneath the snow mountains. Along National Highway G318, forests, rivers, lakes, and snow mountains unfold one after another. Sunlight filters through Gangyunshan Forest and falls across the treetops, drawing you into the full spectrum of Tibet's highland autumn colors.



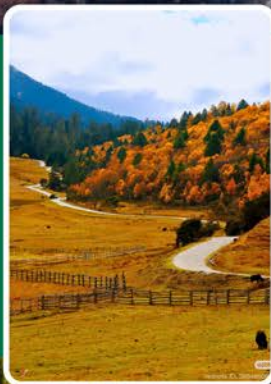
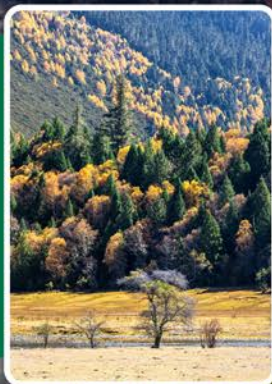
Lulang Forest

Tibet's natural oxygen bar

In autumn, the mountain slopes are covered with pines and firs. Mist drifts through the valley, adding a soft, mysterious mood to the landscape. On clear days, the colors become especially vivid and bright.

Zhaxigang Village

As autumn arrives, Lulang Town looks like a fairytale oil painting, pure and untouched.



Gangyunshan Forest

A real-life forest wonderland

Hidden at an altitude of around 3,700 meters, this secret forest is filled with dense fir trees, ancient trunks, and hanging moss. Walking through the forest feels like stepping into a scene from a fantasy movie.



03 | Sacred Glaciers and Lakes, A Highland Blue Realm

Cuomujiri Lake | Ranwu Lake | Laigu Glacier | Basum Tso | Yamdrok Lake

Blue is the color in Tibet that feels closest to heaven.

Cuomujiri Lake holds the crisp stillness of an alpine glacial lake. Ranwu Lake reflects snow mountains and autumn forests. Laigu Glacier reveals the first glimpse of blue ice. Basum Tso glows with a gentle jade-like beauty. Yamdrok Lake completes the journey with an endless expanse of highland blue, leaving the most breathtaking finale.



Ranwu Lake

A highland pearl left behind along National Highway G318

Here, the Himalayan snow peaks watch over the world in timeless silence. The lake awakens in the morning mist, rippling with jade-colored light. Clouds drift across the ridges, writing ever-changing poetry on the water.



Cuomujiri Lake

Fall into the Tears of a Fairy

A hidden highland realm embraced by snow-capped mountains, forests, and an ancient glacial lake. Mist drifts through fir trees, streams wind among golden bamboo, and clear waters reflect peaks, forests, and sky. Cuomujiri—a “fairy’s tear” in Nyingchi—is a blue poem of the earth.



Basum Tso

Nyingchi's earthly paradise

With snow mountains as its backdrop and the lake as a mirror, this touch of Tiffany blue is enough to captivate you at first sight



Free


Yamdrok Lake

A sacred lake as gentle as poetry

As one of Tibet's three great sacred lakes, Yamdrok Lake changes with the sunlight. Its surface shifts through countless shades of blue, revealing layers of dreamlike beauty.



04 | Tibetan Culture, A Gentle Journey Home

Galong Palace Ruins | Potala Palace | Jokhang Temple | Barkhor Street

From the ancient Tubo royal legacy to the glow of Lhasa at night, and finally to the relaxed charm of Chengdu. At Galong Palace Ruins, feel the echoes of a thousand-year-old kingdom hidden deep in the forest. Arrive at Potala Palace, Jokhang Temple, and Barkhor Street, where you can experience the depth of Tibetan culture and faith. End the journey with a rooftop drink in Chengdu, giving this highland adventure a light and relaxing finale.



Galong Palace Ruins and Galong Lake

Standing above the ruins and looking out toward the mountains and river, you can almost feel the atmosphere of an ancient kingdom.

A hidden paradise in Bomi

Galong Palace Ruins still preserves its distinctive Tibetan architectural colors. White, green, red, and blue are spread across the palace walls, creating an exotic and timeless charm.



Potala Palace

A place to follow your faith

Located at the summit of Lhasa, Potala Palace is a symbol of Tibetan Buddhism and the spiritual heart of snowland civilization.

Entering Potala Palace is not merely stepping into an ancient palace, but entering a profound dialogue with a thousand years of faith.



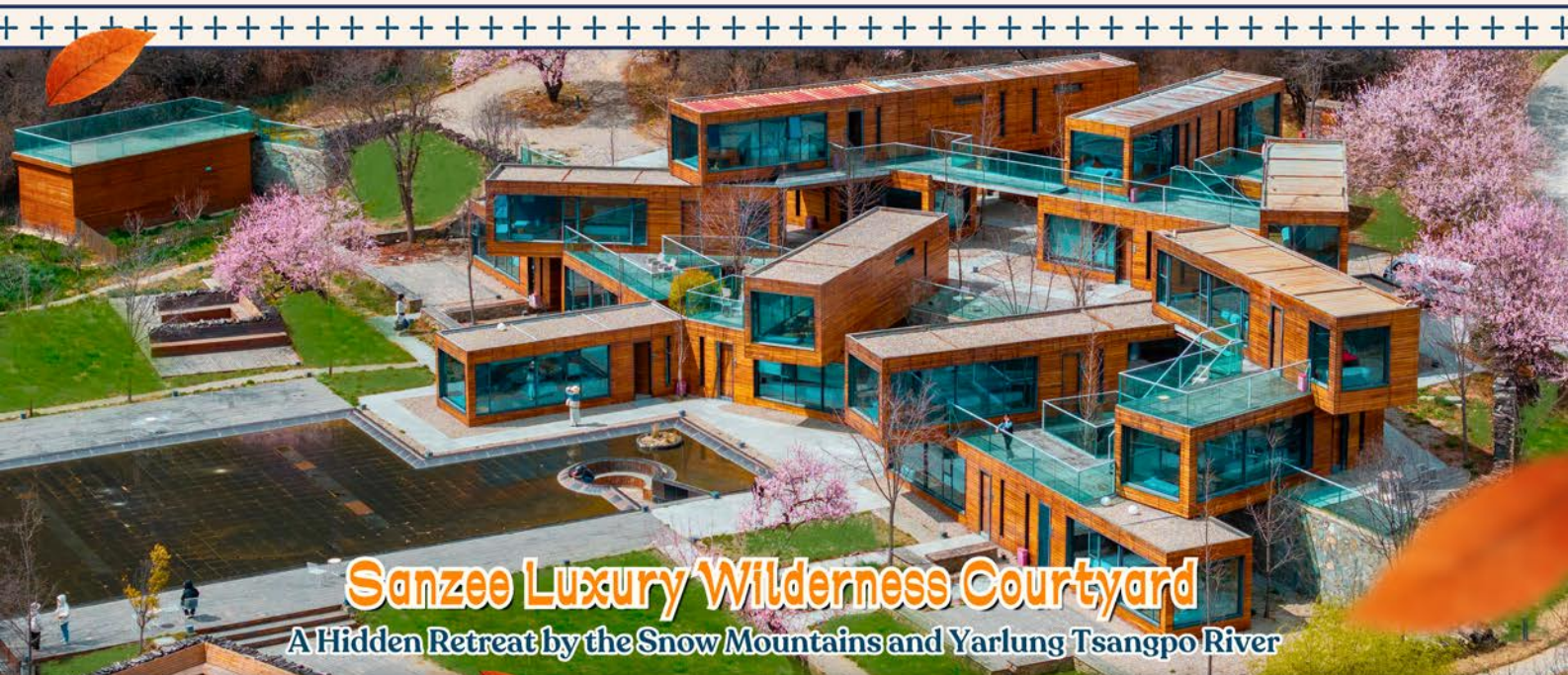
Barkhor Street

Where prayer wheels meet the rhythm of daily life in Tibet.

05 | A Serene Retreat · Luxury Rest in Nature

Shanzeju Resort Hotel | Peach Grove Courtyard | Snow Mountains & Yarlung Tsangpo River

Stay at Shanzeju Resort Hotel, surrounded by peach groves and snow-capped mountains, and enjoy a peaceful and comfortable stay. The hotel blends Tibetan style with nature, offering spacious rooms with views of the mountains, river, and countryside. Enjoy a Tibetan afternoon tea and relax in the quiet courtyard while experiencing the beauty of Nyingchi.



Stay 1 Night



The hotel combines natural wood and organic elements to create a warm and comfortable living space, surrounded by snow-capped mountains, peach groves, and idyllic countryside. Stroll through the tranquil courtyard, embrace the serenity of Nyingchi, and enjoy a relaxing highland retreat amid breathtaking mountain and river scenery.



*Picture is for illustration purpose only

Selected stays throughout the journey, ensuring restful sleep on the plateau

Gradual low-altitude acclimatization, oxygen support at higher altitudes, and handpicked stays for restful nights throughout the journey.

Stay 3 Nights



The St. Regis Lhasa Resort or similar



Stay 1 Night

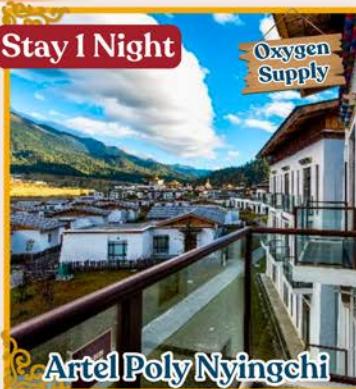


See Wildys Galang Palace Retreat or similar



*Picture is for illustration purpose only

Stay 1 Night



Artel Poly Nyingchi or similar

Stay 1 Night



Hushan No.1 Villa or similar

Stay 1 Night

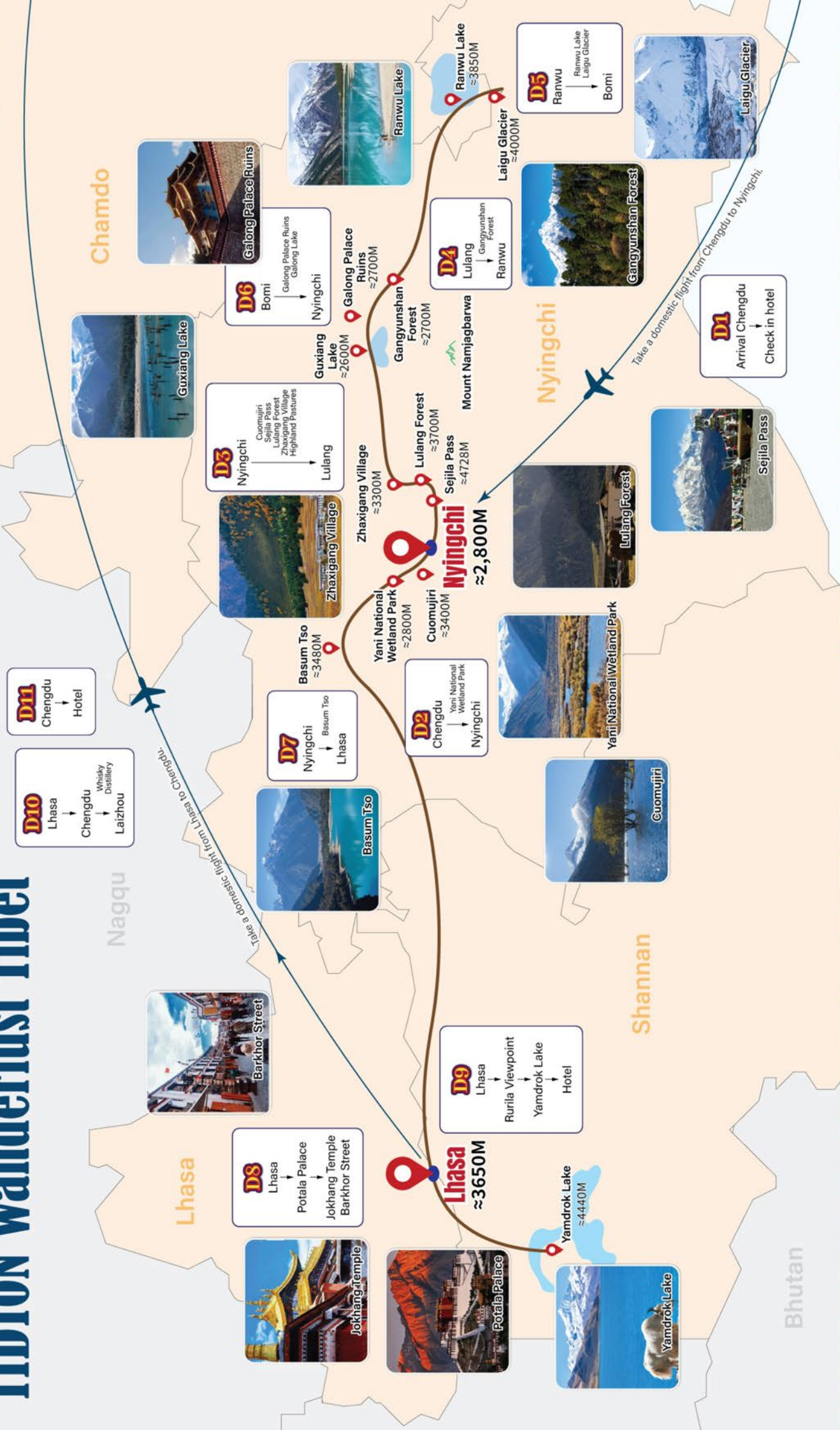


LinZhi Joy Crown Resort Hotel or similar

Stay 1 Night



Laizhou Whisky Resort Hotel or similar



This is not a rushed Tibet tour, but a slow, refined, in-depth, and comfortable private autumn journey through the snowlands.



Accommodation

N1	Chengdu - 500M	N6	Nyingchi - 2800M
N2	Nyingchi - 2800M	N7	Lhasa - 3680M
N3	Lulang - 3300M	N8	Lhasa - 3680M
N4	Ranwu - 3850M	N9	Lhasa - 3680M
N5	Bomi - 2500M	N10	Chengdu - 500M

3 consecutive nights
★★★★★
international hotel

Itinerary



Day 1 Kuala Lumpur ✈️ Chengdu

Stay: Joyhub Cheer Hotel or similar

Arrive in Chengdu, where your private transfer awaits. Check in to a comfortable hotel and ease into the first night of your journey. Chengdu sets the gentle prelude to your Tibetan journey, inviting you to rest well before the adventure begins.

Altitude: approx. 500M



Day 2 Chengdu ✈️ Nyingchi

Meals: B, L, D

Stay: Sanzee Luxury Wilderness Courtyard or similar

Fly to Nyingchi and head straight to **Yanli National Wetland Park**. From late October to mid-November, this is one of the highlights of Nyingchi's autumn scenery. Snow mountains stand quietly in the distance, the Niyang River meets the Yarlung Zangbo River, golden sandbars shimmer, willow trees turn gold, and the river glows in clear blue tones, creating an autumn painting of Tibet's "Jiangnan." In the evening, check in to your boutique stay and enjoy a Tibetan-style afternoon tea in the forest, soaking in your first gentle impression of the plateau.

*A customized Niyang River postcard and a classic G318 check-in moment, capturing this memory for the journey ahead.

Altitude: approx. 2800M



Day 3 Nyingchi (80KM/2HR) 🚌 Lulang

Meals: B, L, D

Stay: Artel Poly Nyingchi or similar

After breakfast, travel to Lulang and explore the alpine beauty of **Cuomujiri Lake**, where sapphire waters, snow mountains, and golden autumn forests create a striking landscape. Cross **Sejila Pass** for views of Mount Namjagbarwa. Write your wishes on a card and scatter wind horse papers, letting your blessings drift with the mountain breeze. Continue through **Lulang Forest**, **Zhaxigang Village**, and the **highland pastures**. Stop at **Maka Farm** for coffee beneath the snow mountains, then rest at an oxygen-supported hotel in Lulang.

Altitude: approx. 3,300M to 4,728M



Day 4 Lulang (270KM/5.5HR) 🚌 Ranwu

Meals: B, L, D

Stay: Hushan No. 1 Villa or similar

Travel along the scenic G318 National Highway, where snow mountains, glaciers, colorful forests, lakes, and river valleys create one of China's most beautiful autumn landscapes. Explore **Gangyushan Forest**, a primeval spruce forest known as a natural oxygen bar on the Qinghai -Tibet Plateau. In autumn, golden birches and vibrant foliage paint the forest in rich seasonal colors.

*Enjoy a light forest hike and receive a special souvenir upon completion, followed by a group photo deep within the forest to capture this autumn fairytale in memory.

Altitude: approx. 2,700M to 3,850M

❖ Itinerary ❖



Ranwu (140KM3.5HR) **Bomi**

Meals: B, L, D



Stay: See Wildys Galang Palace Retreat or similar

Begin the morning at **Ranwu Lake**, where sapphire waters, golden forests, and snow-capped mountains create a peaceful autumn panorama. Continue to **Laigu Glacier**, where the first blue ice of the season emerges beside half-frozen glacial lakes. With fewer visitors and crystal-clear mountain views, the landscape feels serene and untouched. In the evening, check in to hotel and rest.

Altitude: approx. 2,500M to 4,000M



Bomi (210KM4.5HR) **Nyingchi**

Meals: B, L, D



Stay: LinZhi Joy Crown Resort Hotel or similar

Explore the **Galang Palace Ruins** and **Galang Lake** with your hotel host. Ancient ruins rest beneath autumn forests, while the lake reflects snow mountains and golden branches in quiet beauty. Enjoy time to stroll and take photos before returning to Nyingchi for a specially arranged dinner.

Altitude: approx. 2,500M to 2,800M



Nyingchi (390KM4HR) **Lhasa**

Meals: B, L, D



Stay: The St. Regis Lhasa Resort or similar

Depart for Lhasa with a visit to **Basum Tso**, where emerald waters, snow mountains, ancient temples, Tibetan villages, and autumn forests form a dreamlike landscape. Continue across the plateau to Lhasa and check in hotel, allowing time to rest and acclimatize comfortably.

Altitude: approx. 2,800M to 3,680M



Lhasa

Meals: B, L, D



Stay: The St. Regis Lhasa Resort or similar

Explore Lhasa's cultural heart, beginning with the majestic **Potala Palace**, followed by **Jokhang Temple** and a walk through **Barkhor Street**, where centuries of faith and daily life come together. Enjoy a specially arranged **Thangka appreciation and painting experience**, guided by a local artist. In the evening, savor dinner at a scenic restaurant overlooking Lhasa.

Altitude: approx. 3,680m to 3,700m



Lhasa (2.5HR) **Yamdruk Lake** (2.5HR) **Lhasa**

Meals: B, L, D



Stay: The St. Regis Lhasa Resort or similar

Depart from Lhasa to **Yamdruk Lake**, one of Tibet's three sacred lakes, where deep blue waters meet distant snow-capped peaks. Continue to the quieter **Rurila Viewpoint** for a panoramic view, then descend to the lakeside for a relaxing **afternoon tea**. Later, visit **Rituo Monastery**, known as the "loneliest monastery," before returning to Lhasa in the evening.

Special Arrangement: Two photographers capture your best moments at a private Yamdruk Lake viewpoint.

Altitude: approx. 3,680M to 5,000M



Lhasa **Chengdu**

Meals: B, MOB, D



Stay: Laizhou Whisky Resort Hotel or similar

Take a domestic flight from Lhasa to Chengdu and continue to **Laizhou Whisky Distillery**. Visit its signature photo spots and discover the craftsmanship behind Chinese whisky. In the evening, enjoy an **exclusive whisky dinner**, followed by a specially arranged KTV session with drinks, fruit, and snacks, bringing the journey to a relaxed and celebratory finale.



Chengdu **Kuala Lumpur**

Meals: B

After breakfast, transfer to the airport for your return flight to Kuala Lumpur, carrying home memories of golden forests, sacred lakes, snow mountains, and unforgettable moments in Tibet.

*T&C Apply *Itinerary, accommodations, meals, and transport may change based on actual conditions.
2290Travel reserves the right to adjust as needed without prior notice, with final details confirmed before departure.