

EXCLUSIVE EXPERIENCE

- Special arrangement for Tibet Railway ride from Lhasa to Xining, total distance is 1956 kilometers
- Includes a soft sleeper room for 4 peoples in 1 room
- Domestic flight from Chengdu ✈ Linzhi

CUISINE

- Nepalese Cuisine • Cantonese Cuisine
- Wild Mushroom Hot Pot • Stone Pot Chicken
- Salt-Baked Chicken • Sichuan-Tibet Cuisine
- Bahe Fish Dishes • Chinese Cuisine
- Xining Cuisine

DAY 1 DEPARTURE > TRANSIT > CHENGDU

MOB, Dinner

- Gather at the international airport and take a luxury passenger plane to **Chengdu**, the hometown of China's national treasure panda.
- Upon arrival, check in hotel for rest.
- Overnight at Chengdu Tianfu International Hotel

DAY 2 CHENGDU > LINZHI (1 HOURS)

Breakfast, Lunch, Dinner

- Take a domestic flight to **Linzhi** today.
- After arriving, cross the **Sejila Pass** and reach the **Lulang Forest Sea Observation Deck**, overlooking **Namjaba Peak**.
- **Lulang Forest Sea** is located on the **Sichuan-Tibet Highway** about 80km east of **Bayi Town, Nyingchi Prefecture**, with an altitude of about 3700m. This is a typical narrow strip of plateau mountain meadow. The forest sea consists of shrubs and dense spruce in the green mountains on both sides, pine trees; the trees are mainly green hills, and in the middle of the forest is a neat meadow, with streams meandering through it, and a large number of birds inhabit it.
- Overnight at Linzhi Jinjiang Metropolo Hotel or similar.

DAY 3 LINZHI > BASONGCUO > LHASA

Breakfast, Lunch, Dinner

- In the morning, visit **Basongcuo Lake**, also known as **Cuogao Lake** - which means "green water" in Tibetan and is a famous sacred lake of the Red Sect.
- **Basongcuo Lake** (including environmentally friendly vehicles) **Cuozong Temple** and the island in the middle of the lake.
- Then drive along the **Lalin Expressway** to **Lhasa**, the political, economic and cultural center of Tibet and the holy land of Tibetan Buddhism.
- After arriving in Lhasa, adapt to the plateau climate and transfer to the hotel to rest.
- Overnight in Tibet Hotel VIP Building of or similar.

RECOMMENDED OPTIONAL TOUR

- Princess Wencheng large-scale live singing and dancing show RMB380/person

DAY 4 LHASA

Breakfast, Lunch, Dinner

- The highlight of the tour is start by visit the world's highest palace palace--**Potala Palace**. This ancient architectural complex is considered a model of Tibetan architecture and also the highest palace in the world.
- ****The Potala Palace entrance ticket and visit time are control; by palace management, some it may be divided pr separate to visit by difference visitor****
- Then visit **Zhaji Temple**, the only temple of wealth in Tibet.
- Overnight in Tibet Hotel VIP Building or similar.

DAY 5 LHASA > SHIGATSE

Breakfast, Lunch, Dinner

- Travel to the second city of Tibet - **Shigatse** (the fertile land), ans it is ab important Tibetan communication hub and air of modernization pervades the area.
- Go to visit **Yamdrok Lake**, the highest freshwater lake in the world. It is known as the "Holy Lake in the Sky" and enjoy the beautiful and unique scenery of the sacred lake.
- Cross the **Smila Reservoir** and arrive at the **Karola Glacier**.
- Admire the snow-capped mountains on the plateau, the sturdy big oxen, the various mountains on both sides of the Taiwan Strait, and the distinctive Tibetan ethnic villages, and you will feel relaxed and happy along the way.
- Overnight at Shigatse Sheli Villa Hotel or similar.

DAY 6 SHIGATSE > LHASA

Breakfast, Lunch, Dinner

- Visit **Tashilhunpo Monastery** - located on the southern slope of Nyimari Mountain in the northwest of Shigatse City. It is built against the mountain and is majestic. It is also the largest temple in Shigatse, Tibet, and is where the Panchen Lama of the fourth generation resides. Continue visit the **Brahmaputra River**, which is the longest plateau river in China and one of the highest rivers in the world. Return back to Lhasa.
- Overnight in Tibet Hotel VIP Building of or similar.

DAY 7 LHASA

Breakfast, Lunch, Dinner

- Today we visit the **Jokhang Temple** (headphones included) - located in the center of the old city of Lhasa, it is a Tibetan Buddhist temple.
- **Bajiao Street** is the street with the most complete preservation of its original appearance in Lhasa. It is the most prosperous old commercial street in Lhasa with its religion, economy, culture, national handicrafts and even Tibetan customs.
- **Sera Monastery** - a representative Yellow Sect monastery, one of the six main monasteries of the Gelug Sect of Tibetan Buddhism, and the latest monastery to be built among the three major monasteries in Lhasa.
- Overnight in Tibet Hotel VIP Building of or similar.

TERMS & CONDITIONS APPLIED

The order of itinerary is subject to the final discretion of local land operator, we reserve right to amend the itinerary due to the unfareseen circumstances without prior notice. * All pictures shown are for illustration purpose only.

DAY 8 LHASA > QINGHAI TIBET TRAIN > XINING

Breakfast, Lunch, Dinner

- After breakfast, take the **Qinghai-Tibet Train to Xining**. Enjoy the beautiful scenery and you will spend around 24 hours on the train, arrived Lhasa in the evening before the next day.
- Overnight on the train.****Tibet railway superior cabin base on double deck with 4 person sharing basis, arrangement on upper or lower deck unable to select due to all ticket print out randomly by system and possible to share cabin with outsiders****

DAY 9 ARRIVE XINING

Breakfast, Lunch, Dinner

- Arrive in **Xining** the next day and visit **Kumbum Monastery**, also known as **Pagoda Temple** (including battery car). It is named after the Dajinwa Temple and the Dayin Temple built in memory of Tsongkhapa, the founder of the Yellow Sect. In Tibetan, it is called "Gun Benxian Balin", which means the **Maitreya Temple** with one hundred thousand lions roaring Buddha statues.
- Later go to **Shuijingxiang Pedestrian Street** for free activities.
- Overnight at Mercure Hotel or similar.

DAY 10 XINING > TRANSIT > HOME

Breakfast, MOB

- After breakfast, transfer to airport for your international flight back home.
- Arrive home with sweet memories.





TOUR FEES _____

DEPARTURE DATE _____

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