



14D11N

SCANDINAVIA

北欧之旅

丹麦 / 挪威 / 瑞典 / 芬兰

DENMARK / NORWAY / SWEDEN / FINLAND

HIGHLIGHTS 行程亮点

- 参观哥本哈根嘉士伯啤酒工厂
Copenhagen - The Carlsberg Brewery tour
- 参观奥斯陆前进号博物馆和维格兰雕塑公园
Oslo - Visit Fram Museum & Vigeland Sculpture Park
- 乘缆车登上弗洛扬山
Bergen - Ride on the funicular to Mt. Floyen
- 乘坐挪威缩影观景高山火车 (弗洛姆铁路)
Board the famous Flamsbana Scenic train
- 乘环保电动车前往碧斯达冰川
Briksdal Open Car to Briksdal Glacier
- 乘船游览最美丽的盖伦格峡湾
Cruise on the World's most beautiful Fjord in Geiranger Fjord
- 参观利利哈玛露天博物馆-Maihaugen
Lillehammer - Maihaugen open air museum
- 参观斯德哥尔摩市政厅及中世纪华沙战船博物馆
Stockholm - City Hall & Vasa Museum

第 1 天 吉隆坡 → 哥本哈根

齐聚于吉隆坡雪邦国际机场,乘豪华班机前往丹麦的首都、最大城市及最大港口 - 哥本哈根。

机上用餐

第 2 天 抵达哥本哈根

哥本哈根市区游览:外观丹麦的国会大厦, 皇家图书馆, 国家银行, 市政厅-世界上最古老的证券交易所大楼, 皇家剧院, 拥有4座洛可可式的丹麦皇宫 - **阿美琳堡宫**, 有机会看到卫兵的换岗。

美人鱼雕:前往海港游览世界著名的汉斯-克里斯蒂安·安徒生童话故事雕像。

Stroget街:市中心的行人天堂, 这里有许多出产名牌货的商店如哥本哈根皇家瓷器店。

机上用餐/午餐 (如下午机抵达, 不含午餐) / 西式晚餐

AC hotel Bella Sky Copenhagen or similar

第 3 天 哥本哈根 (17.15小时) 奥斯陆

嘉士伯啤酒厂:这是世界上最著名啤酒品牌之一的诞生地。成立于1847年, 为游客提供探索丹麦酿酒历史的机会。

登上**豪华邮轮**前往挪威首都 - 奥斯陆。(两人一室内舱)。

酒店早餐/中式午餐/船上晚餐

Ferry: Go Nordic Cruiseline / DFDS Seaways

第 4 天 奥斯陆 - (220公里) 耶卢

奥斯陆: 挪威的最大城市同时也是首都。

市区游览: 外观国家剧院, 国会大厦, 民众会厅和阿克杜斯城堡。

维格兰雕塑公园: 公园内所有雕刻以描绘人生百态为题材, 有“人生雕刻公园”之称。公园内的212座雕像是挪威雕像家古斯塔夫·维格兰的作品。

前进号博物馆 (含门票):以挪威极地探险为主题的博物馆。

耶卢: 挪威著名的度假胜地之一。

酒店早餐/中式午餐/西式晚餐

Vestlia Resort or similar

第 5 天 耶卢 - (214公里) 哈丹格峡湾 - (119公里) 卑尔根

哈当厄尔峡湾: 途径挪威第二长的峡湾。

哈丹格大桥: 行经挪威最长跨度的悬浮桥, 此桥于2013年通车, 取代原本渡轮横渡峡湾的交通方式。

卑尔根: 藏身在峡湾间的古城, 是挪威第二大城市, 是世界上唯一被七群山环抱的城市。

卑尔根 市区游览: 参观露天鱼市场以及拥有很多古老木屋的一个旧城区的 布里根。

弗洛扬山: 登上缆车至山顶, 从那里可以看见壮丽的卑尔根市和七大山的景观。

酒店早餐/西式午餐/泰式晚餐

Thon Hotel Bergen Airport or similar

第 6 天 卑尔根 - (108公里) 挪威缩影观景高山火车 - (138公里) SKEI

挪威缩影观景高山火车 (弗洛姆铁路): 从弗兰德前往沃斯。极具特色的复古火车穿梭在翠绿山峦之间, 沿途经过无数的峡谷, 瀑布, 大自然鬼斧神工的景致令人赞叹。

酒店早餐/西式午餐/西式晚餐

Grand Hotel Skei or similar



卑尔根

第 7 天

SKEI - (82公里) 碧斯达
- (112公里) 盖伦格

碧斯达冰川: 乘坐**电动车**沿景色如画的小径观赏另人毕生难忘的冰川奇景

盖伦格峡湾: 被誉为最美丽的峡湾, 于2005年被列为世界文化遗产。
乘船漫游挪威境内最狭义的峡湾区, 沿途欣赏著名的七姐妹瀑布, 气势磅礴, 非常壮观。

酒店早餐/西式午餐/西式晚餐
 Havila Hotel Geiranger or similar

第 8 天

盖伦格 - 老鹰之路 - 精灵之路
- (390公里) 利利哈玛

老鹰之路: 带您到精灵之路, 到顶峰眺望令人难以置信的悬崖绝壁。
利利哈玛: 是挪威奥斯陆北面的一座小城市, 是1994年冬奥会的举办地。

酒店早餐/西式午餐/西式晚餐
 Scandic Lillehammer or similar

第 9 天

利利哈玛 - (305公里) 卡尔斯塔德

跳台滑雪场: 这个跳场是1994年的冬季奥林匹克运动会场地。
Maihaugen (含门票): 参观北欧最大的露天博物馆, 展现了挪威古镇的面貌
卡尔斯塔德: 瑞典中部偏西南的湖港城市。

酒店早餐/西式午餐/西式晚餐
 Scandic Winn Karlstad or similar

第 10 天

卡尔斯塔德 - (112公里) 厄勒布鲁
- (201公里) 斯德哥尔摩

斯德哥尔摩: 是瑞典的首都和第一大城市。

酒店早餐/西式午餐/中式晚餐
 Best Western Plus Sthlm Bromma or similar



Maihaugen

第 11 天

卡斯德哥尔摩 (17小时) 赫尔辛基

斯德哥尔摩市区游览: 包括了外观皇宫和斯德哥尔摩市区中心一座13世纪的大教堂, 这里是古代瑞典王加冕的地方。
市政厅 (含门票): 它是诺贝尔奖宴会的举办地。
中世纪华沙战船博物馆 (含门票): 这里是北欧最为著名的胜地。这艘瑞典最大最威望尤如中世纪的铁塔尼号的船艘, 迷离式的在它首次出航时沉没于海底。现时瑞典已经把它保存和展示给公众观赏。
乘塔豪华的**希尔家邮轮**前往**赫尔辛基**。(两人一室内舱)

酒店早餐/中式午餐/船上晚餐
 Ferry: Tallink Silja OyAB

第 12 天

赫尔辛基

赫尔辛基: 芬兰的首都, 是一个充满活力的海滨城市。
市区游览: 在上议院广场, 外观雪白外墙与绿色屋顶相辉映的大教堂。途经乌斯佩斯基大教堂- 西欧最大的东正教堂。
岩石教堂 (含门票): 整座建筑物完全隐身於一大块岩石里的教堂。
西贝流士公园: 为纪念芬兰最具代表的作曲家贝流士而设立。

酒店早餐/西式午餐/西式晚餐
 Scandic Grand Marina or similar

第 13 天

赫尔辛基 → 吉隆坡

送往机场乘搭班机飞返可爱的家园。

酒店早餐/机上用餐

第 14 天

抵达吉隆坡

抵达家园, 把这次难忘的旅游经历及美丽纪念品都带回家与家人分享。



西贝流士公园

免责声明:

行程安排仅供参考。行程, 膳食, 住宿, 交通等可能会因不可抗拒的因素而改动, 恕不另行通知。



DAY 1 Kuala Lumpur ✈️ COPENHAGEN

Assemble at KLIA and depart by flight to the capital of Denmark - Copenhagen.

Meal On Board

DAY 2 ARRIVAL COPENHAGEN

Copenhagen City Orientation Tour: Includes Parliament, Royal Library, National Bank and Town hall, the world's oldest stock exchange building, the Royal Theatre and the Amalienborg Square with its four immense rococo palaces, have the opportunity to see the changing of the guard.

Little Mermaid: Go down to the harbour to greet the world famous statue of Hans Christian Andersen's fairytales.

Stroget: For you to stroll along 'Stroget' Copenhagen's smile-long pedestrian shopping street in the heart of the city.

Meal On Board / Lunch (no lunch if flight arrived afternoon/ Western Dinner

AC hotel Bella Sky Copenhagen or similar

DAY 3 COPENHAGEN 🚢 (17.15hrs) OSLO

The Carlsberg Brewery: The birthplace of one of the world's most famous beer brands. Founded in 1847, it offers visitors a chance to explore the history of Danish brewing.

Board the **DFDS Seaways** overnight cruise to Oslo, the capital of Norway. (Overnight in 2-berth inside cabin).

Hotel Breakfast / Chinese Lunch / Dinner on board

Ferry : Go Nordic Cruiseline / DFDS Seaways

DAY 4 OSLO - (220km) GEILO

Oslo: The capital and largest city of Norway.

City orientation tour: Passing by the Medieval Akershus Castle, Parliament, Royal Palace& view the modern City Hall.

Vigeland Sculpture Park : Home to more than 200 granite, bronze and iron sculptures mostly depicting naked human figures in a wide range of artistic forms, focusing on the freedom, joy and eternity of life.

Fram Museum (entrance): A museum telling the story of Norwegian polar exploration.

Geilo: Resort town, a valley with mountain ranges on each side.

Hotel Breakfast / Chinese Lunch / Western Dinner

Vestlia Resort or similar

DAY 5 GEILO - (214km) HARDANGER FJORD - (119km) BERGEN

Hardangerfjord: Pass by the second longest fjord in Norway.

Hardanger Bridge: Norway's longest suspension bridge, the bridge opened to traffic in 2013.

Bergen: Norway's second largest city and the world's only city surrounded by 7 mountains.

Bergen city orientation tour: Includes the bustling fish market , the famous Bryggen Harbor with its gabled houses.

Mt. Floyen: Ride on the funicular to have the best panoramic view of Bergen's harbor and Islands.

Hotel Breakfast / Western Lunch / Thai Dinner

Thon Hotel Bergen Airport or similar

DAY 6 BERGEN - (108km) Flamsbana Scenic Train - (138km) SKEI

Flamsbana Scenic Train: It is one of the steepest trainlines in the world on normal tracks also a spectacular train journey that offers a panoramic view of some of the wildest and most magnificent nature in the Norwegian fjord landscape.

Hotel Breakfast / Western Lunch / Western Dinner

Grand Hotel Skei or similar

DAY 7 SKEI - (82km) BRIKSDAL - (112km) GEIRANGER

Briksdal Glacier: The journey up to the glacier will be made in open cars to give you the best of views.

Geirangerfjord: Known as the most beautiful fjord and listed as UNESCO in 2005.

On board the Fjord cruise from Geiranger to Hellsøylt, with views of the **Seven Sisters Waterfalls**.

Hotel Breakfast / Western Lunch / Western Dinner

Havila Hotel Geiranger or similar



Stockholm City

DAY 8

**GEIRANGER- Eagles road - Trolstigen
- (390km) LILLEHAMMER**

Eagles Road: We will take you to the top of the magnificent Trolls Road for you to enjoy the sights of steep walls.

Lillehammer: A small city north of Oslo, hosted the Winter Olympics in 1994.

Hotel Breakfast / Western Lunch / Western Dinner
 Scandic Lillehammer or similar

DAY 9

**LILLEHAMMER - (305km)
- KARLSTAD**

Ski Jumping Arena: (Photo stop) Built for the Winter Olympics in Lillehammer in 1994.

Maihaugen (entrance): One of Northern Europe's largest open air museums and is one of the largest cultural facilities in Norway.

Karlstad: Situated where the Klarälven River flows into Lake Vänern—Scandinavia's largest lake. (Overnight)

Hotel Breakfast / Chinese Lunch / Western Dinner
 Scandic Winn Karlstad or similar

DAY 10

**KARLSTAD - (112km) - OREBRO
- (201km) - STOCKHOLM**

Stockholm: Capital and largest city of Sweden. En route, you will visit the medieval city of **Orebro**.

Hotel Breakfast / Western Lunch / Chinese Dinner
 Best Western Plus Sthlm Bromma or similar

DAY 11

STOCKHOLM 🇸🇪 - (17hrs) - HELSINKI

Stockholm City Orientation Tour: Sightseeing in this beautiful Capital. Sights today are including the Royal Palace & Coronation Cathedral.

City Hall (entrance): It is the venue of the Nobel Prize banquet and is one of Stockholm's major tourist attractions.

Vasa Museum (entrance): Sweden's most visited museum enshrining the warship Vasa, sunk inside Stockholm harbour while on her maiden Voyage in 1628.

Board the **Ship Tallink Silja** for your overnight cruise to Helsinki. (Overnight in 2-berth inside cabin).

Hotel Breakfast / Chinese Lunch / Dinner on board
 Ferry : Tallink Silja OyAB

DAY 12

HELSINKI

Helsinki: Capital of Finland, is a vibrant seaside city of beautiful islands and great green urban areas.

City Orientation Tour: At Senate Square view the Parliament Building and Finlandia Hall which is constructed with marble and granite. Passing by Uspenski Cathedral is the largest orthodox church in Western Europe and one of the clearest symbols of the Russian impact on Finnish history

Temmeliaukio Church (Rock Church) (entrance): A sunken, circular church carved out of solid granite.

Sibelius Monument: The world famous composer Jean Sibelius monument by Eila Hiltunen.

Hotel Breakfast / Western Lunch / Western Dinner
 Scandic Grand Marina or similar

DAY 13

HELSINKI ✈️ KUALA LUMPUR

Free at leisure until transfer to airport for your flight back home

Hotel Breakfast / Meal on Board

DAY 14

ARRIVE KUALA LUMPUR

Arrive home, bringing with you beautiful souvenirs and sweet memories of your tour with us.

Remarks :

If a place of visit is closed to visitors, it will be replaced with an alternative. During major events, accommodation may not be in the city mentioned. Sequence of itinerary is subject to change without prior notice.

Special note:

If there is any discrepancy between the Chinese and English versions of the itinerary, the Chinese version will be used as the basis



馬來西亞親善旅遊社

MALAYSIAN HARMONY TOUR & TRAVEL S/B

KPK/LN 0197 ROC NO 118155 V

Tel: 03 - 2145 4226 / 2110 2331 Whatsapp: 012-622 3314

W: www.malaysianharmony.com.my E: mhht@mysharmony.com

No. 21, Jalan Tong Shin, 50200 Kuala Lumpur



亞洲國泰旅遊

ASIA CATHAY TRAVEL S/B

KPK/LN 0237 ROC NO 54-993 A

Tel: 03-2142 5566 Whatsapp: 016-776 3314

W: www.asiacathay.com E: tour@asiacathay.com

No. 21A, Jalan Tong Shin, 50200 Kuala Lumpur