

跟团游

TRAVEL LOG
VOYAGE

VOYA[®]
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0011



全程安排2+1VIP巴士

东方女儿国

昆明 | 楚雄 | 大理 | 泸沽湖 | 丽江 | 香格里拉

Enchanting Lugu Lake

KUNMING | CHUXIONG | DALI | LUGU LAKE |
LIJIANG | SHANGRI-LA



东方女儿国

深度游览泸沽湖
感受摩梭文化



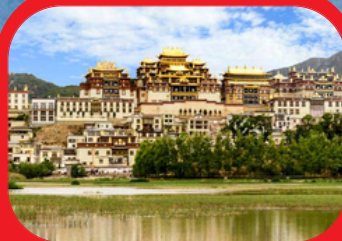
大理风情

理想邦下午茶旅拍
体验白族非遗扎染



玉龙雪山

冰川公园往返索道
漫游白水河蓝月谷



香格里拉

虎跳峡·松赞林寺
独克宗古城·转经筒

03-3385 5020

www.voya.com.my

f i d: @voyacommy



符号表示：★含门票；●游览站点；👤自费项目

第1天 吉隆坡 ➡ 昆明 -160公里- 楚雄

集合于吉隆坡国际机场，飞往昆明鲜花接机，晚餐后前往楚雄入住酒店。

第2天 楚雄 -175公里- 大理

★大理理想邦（含上行电瓶车+洱海风光+景拍）
蓝白建筑依山而建，远眺洱海，随手一拍都很出片。

👤特别安排：精美下午茶
一边欣赏洱海美景，一边享受下午茶。感受大理的慢生活与浪漫氛围。

●大理古城+洋人街
漫步大理古城，欣赏古朴的白族建筑与特色街巷。走访热闹的洋人街，感受当地文化、美食与大理独有的慢生活。

第3天 大理 -389公里- 泸沽湖

★白族民居·非遗扎染体验
走进传统白族民居，欣赏特色建筑，亲身体验非遗扎染，感受白族手工艺的独特魅力。

★泸沽湖观景台【鸟瞰泸沽湖全景】
登上观景台俯瞰泸沽湖，湛蓝湖水与群山相映，是欣赏全景及拍照的最佳位置之一。

★摩梭博物馆
了解摩梭人的历史、母系家庭文化、走婚习俗及传统生活方式，认识独特的摩梭文化。

第4天 泸沽湖 -190公里- 丽江

👤保证自费：猪槽船游泸沽湖【里务比岛】
乘传统摩梭船游碧湖，欣赏群山环抱的湖光美景，登里务比岛感受摩梭民俗与宁静湖岛风情。

●情人滩
漫步湖畔沙滩，近距离欣赏清澈湖水与群山倒影，是非常热门的拍照地点。

●走婚桥
走进神秘的“东方女儿国”，漫步摩梭人传递爱意的走婚桥。一边欣赏草海湿地风光，一边认识独特的摩梭婚俗，为泸沽湖旅程增添浪漫色彩。

●丽江古城+四方街
漫步小桥流水与青石板巷，感受纳西古城的独特韵味。来到热闹的四方街，欣赏特色建筑、品尝当地小吃，体验丽江悠闲又充满烟火气的夜生活。

第5天 丽江

★玉龙雪山风景区（含大索道往返+景区巴士）
国家5A级景区，纳西族心中的神山。乘索道登临雪峰，近距离感受高原冰雪景观与壮丽山色。
※如大索道因天气或其他因素停运，将改为云杉坪/牦牛坪索道，差价现退。

★蓝月谷白水河
位于玉龙雪山景区内，湖水清澈碧蓝，雪山倒影环绕，宛如人间秘境，是拍照与欣赏高原自然风光的热门景点。

👤保证自费：《印象丽江》实景歌舞秀
张艺谋执导的高原实景歌舞表演，以玉龙雪山为背景，融合自然景观与少数民族文化，极具现场感。
※如遇天气或其它因素印象丽江停演，将以其他景点代替。

★白沙古镇
白沙古镇位于丽江玉龙雪山脚下，是纳西族文化的重要发源地之一。古镇保留着古朴的街巷、传统民居与悠久历史，少了几分喧闹，多了一份宁静悠闲，可以慢慢感受丽江原始古镇风貌与浓厚的纳西族文化。

第6天 丽江 -180公里- 香格里拉

★虎跳峡【不含手扶梯】
世界上最深的峡谷之一，以险峻的地势，澎湃的江水和壮丽的景观闻名。

●独克宗古城【龟山公园|世界最大转经筒】
走进拥有千年历史的藏式古城，漫步石板街巷，感受浓厚的藏族风情。登上龟山公园，与大家合力转动巨型转经筒，为旅程祈求平安与好运。

👤特别安排：入住香格里拉供氧酒店
房间提供供氧设备，让您在高原住宿更舒适、安心。

第7天 香格里拉 ➡ 昆明

👤保证自费：藏服体验（含简单妆造+头饰）
换上特色藏族服饰，搭配简单妆造与头饰，在香格里拉的香格里拉高原风光中拍照留念，记录独特的藏地回忆。

★松赞林寺
云南最大的藏传佛教寺院，金顶建筑依山而建，因神似布达拉宫，被誉为“小布达拉宫”。

👤特别安排：动车二等座返回昆明
我们贴心安排巴士拉行李返回昆明，贵宾只需携带所需物品上动车即可。

第8天 昆明 ➡ 吉隆坡

●昆明老街
位于昆明市中心，保存完好的历史街区，汇集明清时期的建筑风貌与人文气息，是体验地道昆明生活的最佳去处。

●金马碧鸡坊
昆明的城市地标之一，始建于明代宣德年间，象征着昆明深厚的文化底蕴与历史传承。坊影交错、金碧辉映，是拍照留念的热门景点。

●南屏步行街
昆明最热闹的商业街，两旁小店美食云集，漫步其中可购物、品尝当地美食，感受古城风情。

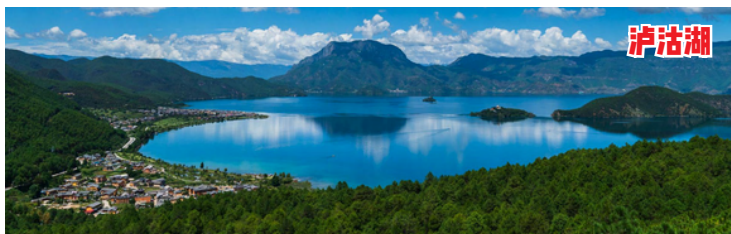
●南强小吃街
昆明热门美食街，汇集云南米线、烧烤及各类特色小吃。夜晚热闹有烟火气，适合边走边吃，感受昆明夜生活。

行程结束前往昆明机场，飞往吉隆坡国际机场。返回温暖的家。
*行程顺序及航班时间将以出发前的最终确认为准，若有调整，敬请谅解。

👤保证自费：总共人民币499元/人
印象丽江表演+猪槽船游湖+藏装换装体验



白沙古镇



泸沽湖

Note: ★ Entrance fees included: ● Sightseeing stop: ① Optional/Compulsory Item

DAY 1 Kuala Lumpur ➡ Kunming (2.5hrs) -160KM- Chuxiong

Fly to Kunming. Flower welcome and dinner, then transfer to Chuxiong.

DAY 2 Chuxiong (2.5hrs) -175KM- Dali

★ **Dali Santorini – Dream land**
(Includes uphill buggy ride + Erhai Lake view + Photo Session)
Admire its blue-and-white hillside buildings overlooking Erhai Lake.

① **Special Arrangement: Dali dream land Afternoon Tea**
Enjoy afternoon tea with scenic views of Erhai Lake and experience Dali's relaxing atmosphere.

★ **Dali Ancient Town + Foreigners' Street**
Explore traditional Bai architecture, lively streets, local food and Dali's unique slow-paced lifestyle.

DAY 3 Dali (4hrs) -389KM- Lugu Lake

★ **Bai Traditional Residence & Intangible Cultural Heritage Tie-Dyeing**
Visit a traditional Bai residence, admire its architecture and try the traditional tie-dye craft.

★ **Lugu Lake Viewing Platform (Panoramic View of Lugu Lake)**
Enjoy panoramic views of the blue lake surrounded by beautiful mountains.

★ **Mosuo Museum**
Discover Mosuo history, matrilineal family culture, marriage traditions and traditional lifestyle.

DAY 4 Lugu Lake (4hrs) -190KM- Lijiang

① **Compulsory Tour:**
Traditional Mosuo Boat Ride on Lugu Lake (Liwu Bi Island)
Cruise across Lugu Lake, enjoy the lake and mountain scenery, and visit Liwu Bi Island to experience Mosuo culture.

● **Lovers' Beach**
Walk along the lakeside and enjoy the clear water and mountain reflections. A popular photo spot.

● **Walking Marriage Bridge**
Enter the mysterious "Kingdom of Women" and walk across the bridge that symbolises Mosuo marriage culture. Enjoy the Caohai wetland scenery and learn about this unique tradition.

● **Lijiang Ancient City + Sifang Street**
Stroll along stone-paved streets and canals, admire Naxi architecture and enjoy local food and Lijiang's lively nightlife.

① **Compulsory Tour: Total CNY 499/person**
Impression Lijiang Live Show + Pig Trough Boat Ride + Tibetan Costume Experience

DAY 5 Lijiang

★ **Jade Dragon Snow Mountain Scenic Area**
(Includes round-trip Glacier Park Cableway & scenic shuttle bus)
Ride the cableway up the snow mountain for close-up views of its glacier and dramatic peaks.
※ If closed, Spruce Meadow or Yak Meadow Cableway will be arranged. The fare difference will be refunded.

★ **Blue Moon Valley & Baishui River**
Located within Jade Dragon Snow Mountain Scenic Area, featuring clear blue water surrounded by mountain reflections.

① **Compulsory Tour: 《Impression Lijiang》 Show**
An outdoor performance directed by Zhang Yimou, set against Jade Dragon Snow Mountain and featuring local ethnic culture.

★ **Baisha Ancient Town**
Explore an ancient Naxi town at the foot of Jade Dragon Snow Mountain.

DAY 6 Lijiang (3.5hrs) -180KM- Shangri-la

★ **Tiger Leaping Gorge (Escalator not included)**
One of the world's deepest gorges, famous for its steep cliffs, rushing river and magnificent scenery.

● **Dukezong Ancient Town (Guishan Park | World's Largest Prayer Wheel)**
Explore the ancient Tibetan town and its stone-paved streets. Visit Guishan Park and turn the giant prayer wheel for peace and good luck.

① **Special Arrangement: Hotel with In-Room Oxygen Supply**
Enjoy a more comfortable stay in high-altitude Shangri-La.

DAY 7 Shangri-la (4.5hrs) ➡ Kunming

① **Compulsory Tour: Tibetan Costume Experience**
(Includes simple makeup & headpiece)
Dress in traditional Tibetan costume and capture memorable photos in Shangri-La.

★ **Songzanlin Monastery**
Yunnan's largest Tibetan Buddhist monastery, known as the "Little Potala Palace" for its grand golden-roofed architecture.

① **Special Arrangement: Second-Class Train to Kunming**
Your luggage will be transported to Kunming by coach. Simply bring your personal essentials onboard the train.

DAY 8 Kunming ➡ Kuala Lumpur

● **Kunming Old Street**
Explore a historic district featuring traditional architecture and local culture.

● **Golden Horse and Jade Rooster Archway**
A famous Kunming landmark first built during the Ming Dynasty.

● **Nanping Pedestrian Street**
Kunming's lively shopping street, with many shops and local food options.

● **Nanqiang Street Food Market**
Discover Yunnan noodles, barbecue and local snacks in a lively atmosphere.

After the tour, transfer to Kunming Airport for your flight to Kuala Lumpur.
**** The itinerary and flight schedule are subject to the final confirmation before departure. Adjustments may be made as necessary.**



All images are for illustration purposes only.

行程亮点 HIGHLIGHTS

一次看尽云南的雪山、湖泊与古城
从玉龙雪山到泸沽湖，再进大理、丽江与香格里拉，一趟收获多种云南风景。

登上玉龙雪山4506米
乘大索道直达冰川公园，近距离感受马来西亚少见的高原雪山景观。

深度走进泸沽湖女儿国
乘猪槽船游湖、走访里务比岛与走婚桥，认识独特的摩梭母系文化。

一次体验多种民族文化
白族非遗扎染、摩梭文化、藏服体验及藏传佛教寺院，让旅程不只是看风景。

全程精选当地4星级酒店
每晚行程结束都能让您体验舒适及安全的环境。

舒适交通，减少旅途疲劳
全程升级2+1豪华旅游巴士，并安排动车返回昆明，旅程更轻松舒适。

一路吃遍云南民族风味
特别安排过桥米线、石锅鱼、白族、摩梭、纳西、藏式风味及土司宴等。

Yunnan's Snow Mountains, Lakes & Ancient Towns
Discover Jade Dragon Snow Mountain, Lugu Lake, Dali, Lijiang and Shangri-La in one journey.

Reach 4,506m on Jade Dragon Snow Mountain
Take the cable car to Glacier Park and experience spectacular high-altitude scenery.

Explore Lugu Lake, the "Kingdom of Women"
Take a traditional boat ride and visit Liwubi Island and the Walking Marriage Bridge while learning about Mosuo culture.

Experience Diverse Ethnic Cultures
Enjoy Bai tie-dye, Mosuo culture, a Tibetan costume experience and a Tibetan Buddhist monastery.

Selected Local 4-Star Hotels
Relax in comfortable and secure accommodation throughout the journey.

Comfortable Travel
Travel by upgraded 2+1 luxury coach and return to Kunming by bullet train.

Taste Yunnan's Ethnic Flavours
Enjoy Crossing-the-Bridge Rice Noodles, Stone Pot Fish, Bai, Mosuo, Naxi and Tibetan cuisine, plus a Tusi Banquet.

餐饮安排 MEAL PLAN | 住宿 ACCOMMODATIONS

天数 DAYS	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER	精选酒店 SELECTED HOTELS
1	-	机上用餐 Meal on Board	老滇风味 Yunnan Cuisine	★★★★★ 楚雄希克酒店或同级 Chuxiong Xike Hotel or similar
2	酒店早餐 Hotel Breakfast	中式合菜 Chinese Set Meal	过桥米线 Yunnan Rice Noodles	★★★★★ 大理下关智选假日酒店或同级 Holiday Inn Express Dali Xiaguan or similar
3	酒店早餐 Hotel Breakfast	白族风味 Bai Cuisine	摩梭风味 Mosuo Cuisine	★★★★★ 泸沽湖清尘假日酒店或同级 Lugu Lake Qingchen Holiday Hotel or similar
4	酒店早餐 Hotel Breakfast	石锅鱼风味 Stone Pot Fish	丽江古城（自理） Lijiang Ancient Town (Own Arrangement)	★★★★★ 丽江古城智选假日酒店或同级 Holiday Inn Express Lijiang Ancient Town or similar
5	酒店早餐 Hotel Breakfast	中式合菜 Chinese Set Meal	纳西风味 Naxi Cuisine	★★★★★ 丽江古城智选假日酒店或同级 Holiday Inn Express Lijiang Ancient Town or similar
6	酒店早餐 Hotel Breakfast	农家风味 Farmhouse-Style Cuisine	土司宴 Tusi Banquet	★★★★★ 香格里拉美豪丽致酒店或同级 Mehood Lestie Hotel Shangri-La or similar
7	酒店早餐 Hotel Breakfast	藏式风味 Tibetan Cuisine	动车（自理） Train (Own Arrangement)	★★★★★ 昆明中凰酒店或同级 Zhong Huang Hotel Kunming or similar
8	酒店早餐 Hotel Breakfast	粤式风味 Cantonese Cuisine	机上用餐 Meal on Board	-

条规:

1. 行程、膳食、酒店住宿和交通可能会有所更动，恕不另行通知。
2. 若出现无法预测的特殊情况，特别是在旅游旺季期间，悦游将保留更改或取消行程的权利。
3. 若悦游的宣传手册或任何传播媒介，出现任何形式的印刷失误或遗漏，本公司一概不负责，并且保留更正的权利。
4. 每位参与悦游旅游团的成员，必须为自身安全或行为负责。若出现无法预测的特殊情况 (例如：交通延误/取消、天气、疾病、示威、战争等等)，因而引发额外支出的问题，悦游一概不负责，旅客需自行负责额外的费用。
5. 详情条规，请参阅单据背页
6. 以上图片仅供参考，请以实物为准。

中国团 - 附加条规:

1. 所有行程以中文讲解为主。
2. 三人房-房内第三名住客的床褥，将以折叠式为准。
3. 团费已包含并平均计算所有门票费用,恕不接受个人退款或退差价。

For Agent use only:

Terms & Conditions:

1. Itineraries, meals, hotels and transportation are subject to change without prior notice.
2. VOYA Travel reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
3. VOYA Travel is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; VOYA Travel reserves the right to make corrections as required.
4. Every person participating in VOYA Travel's tours shall travel at his/her own risk. VOYA Travel shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
5. For other terms & conditions, refer overleaf of invoice
6. All pictures shown are for illustration purpose only.

China Tours - Additional Terms & Conditions:

1. Tours are conducted in Mandarin.
2. Triple Room - Third person shall be based on rollaway bed.
3. All admission fees are already included in the tour fare and shared among the group. No individual refund or price difference will be given.

旅程精彩瞬间 JOURNEY GALLERY



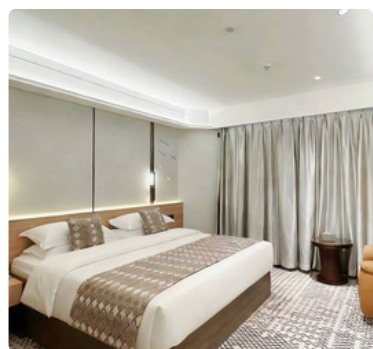
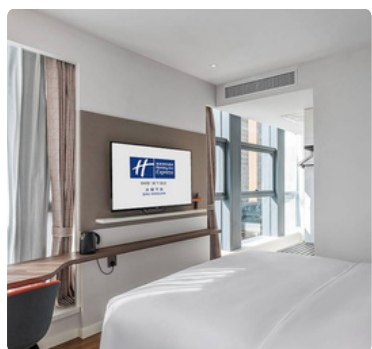
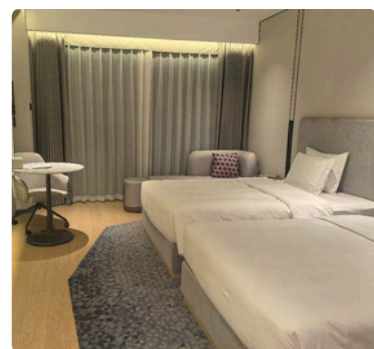
风景与人文 SCENERY & CULTURE



特色美食 LOCAL CUISINE



精选住宿 SELECTED HOTEL



欢迎到店咨询

PLAN YOUR JOURNEY WITH US

VOYA[®]
by TRAVELOG



Cheras

TRAVELOG @ CHERAS LEISURE MALL

L2-50 & 50A, Cheras Leisure Mall,
8, Jalan Manis 2, Taman Segar,
56100 Kuala Lumpur

03-3385 5018

🕒 10 am - 10 pm



Klang

TRAVELOG @ AEON MALL BUKIT TINGGI

L2-S57A, 1/KS06, Persiaran Batu
Nilam, Bandar Bukit Tinggi 2, 41200
Klang, Selangor

03-9078 5622

🕒 10 am - 10 pm



PJ

VOYA BY TRAVELOG @ ATRIA SHOPPING GALLERY

CF, Lot CO1B, Jalan SS 22/23,
Damansara Jaya, 47400 Petaling Jaya,
Selangor

03-3385 5020

🕒 10 am - 10 pm

03-9078 5623

Walk in or contact us to plan your next journey