

VCKMG12

VOYA 悦游

8D7N

云南蓝湖秘境之旅

昆明 | 大理 | 丽江 | 泸沽湖

Yunnan Blue Lake Hidden Realm Journey

KUNMING | DALI | LIJIANG | LUGU LAKE



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符号表示：★含门票；●游览站点；🚶自费项目

第1天 吉隆坡 ➡ 昆明

集合于吉隆坡国际机场，飞往昆明，抵达后入住酒店休息。

第2天 昆明 (4.5hrs) -339公里- 大理

★大理圣托里尼（含上行电瓶车+洱海风光）

蓝白相间的建筑依海而立，浓郁的地中海风情令人仿佛置身异国。远眺洱海碧波，随手一拍皆成风景，是大理最浪漫的度假打卡点之一。

📌 特别安排：大理圣托里尼-精美下午茶

在蓝白建筑与洱海风光相伴下小憩片刻，感受大理的慢生活与浪漫氛围。

●大理古城+洋人街

大理的“三古”（古城、古塔、古碑）之一，保存最具代表性的白族建筑风格与文化底蕴。漫步青石街道与白墙灰瓦之间，顺游古城内著名的洋人街，咖啡香与花巷情调交织，感受大理独有的慢生活与中西文化交融的浪漫氛围。

第3天 大理

●喜洲古镇（含三道茶+歌舞表演）

走进喜洲古镇，青石巷道与白族民居错落有致，感受大理最原始的生活气息与白族人文风情。

●S湾生态廊道

沿水湾而建的生态廊道，绿树成荫、湿地环绕，栖息着丰富的鸟类与野生动植物。是漫步、骑行和亲近自然的理想处，让人放松身心，尽享生态之美。

🚶 保证自费：人民币488元/人

千古情表演+大理扎染体验+洱海游船（风花雪月号）

第4天 大理 (3.5hrs) -389公里- 泸沽湖

★泸沽湖观景台【鸟瞰泸沽湖全景】

登上观景台，一览泸沽湖全景，湖水碧蓝如镜，四周群山环抱，晨雾或夕阳下的湖光山色，如诗如画，是拍照与感受大自然壮丽景致的绝佳地点。

★摩梭家访+篝火晚会

走进摩梭人家，了解摩梭族的传统生活与民俗文化。参观当地家庭建筑，感受摩梭人的日常习惯与文化遗产；夜晚于同一村寨参加篝火晚会

📌 特别安排：甲搓舞体验

随音乐与篝火一起舞动，亲自下场参与传统甲搓舞，体验摩梭族热情而独特的民族氛围。

第5天 泸沽湖 (3.5hrs) -200公里- 丽江

★猪槽船游泸沽湖【里务比岛】

乘传统摩梭船游碧湖，欣赏群山环抱的湖光美景，登里务比岛感受摩梭民俗与宁静湖岛风情。

●车环游泸沽湖

乘车环湖游览，途经走婚桥、草海及里格观景台，远眺格姆女神山，欣赏泸沽湖湖光山色。

●丽江古城+四方街

位于玉龙雪山脚下的历史古镇，青石街道与古色屋檐交错，顺游古城核心区域四方街，感受纳西文化与丽江热闹而悠闲的古城氛围。

●黑龙潭

以碧清潭水与远眺玉龙雪山倒影闻名。池水清澈如玉，周围古建筑与绿树掩映，是拍照、散步与感受丽江自然与民族文化气息的绝佳去处。

📌 推荐体验：丽江古城换装旅拍（人民币388元/人）

换上一套特色服装，完成一次妆发造型，在旅途中记录专属瞬间，旅拍包含20张电子照片及5张精修照片，让回忆定格成画面。

第6天 丽江

★玉龙雪山风景区（含大索道往返）

国家5A级景区，纳西族心中的神山。乘索道登临雪峰，近距离感受高原冰雪景观与壮丽山色。

※如遇索道调整，将视现场情况安排其他索道或景区内游览点替代。

★蓝月谷白水河（含电瓶车）

位于玉龙雪山景区内，湖水清澈碧蓝，雪山倒影环绕，宛如人间秘境，是拍照与欣赏高原自然风光的热门景点。

📌 特别安排：《印象丽江》实景歌舞秀

张艺谋执导的高原实景歌舞表演，以玉龙雪山为背景，融合自然景观与少数民族文化，极具现场感。

★玉水寨

位于玉龙雪山景区内的民俗文化村落，展现纳西与摩梭传统生活与民俗风情，是了解少数民族文化的好去处。

第7天 丽江 (4.5hrs) ➡ 昆明

📌 特别安排：动车二等座+赠送动车快速通道

行李无需自提，准备过夜小包上动车，轻松上阵即可。

第8天 昆明 ➡ 吉隆坡

●斗南花市

中国最大的鲜切花交易中心，有“亚洲花都”之称。色彩斑斓、香气四溢。漫步在无尽的花海中，感受昆明繁花似锦的节奏与活力。

●昆明老街

位于昆明市中心，保存完好的历史街区，汇集明清时期的建筑风貌与人文气息，是体验地道昆明生活的最佳去处。

●金马碧鸡坊

昆明的城市地标之一，始建于唐代，象征着昆明深厚的文化底蕴与历史传承。坊影交错、金碧辉映，是拍照留念的热门景点。

●南屏步行街

昆明最热闹的商业街，两旁小店美食云集，漫步其中可购物、品尝当地美食，感受古城风情。

集合于昆明机场，飞往吉隆坡国际机场。返回温暖的家。

*行程顺序及航班时间将以出发前的最终确认为准，若有调整，敬请谅解。

大理圣托里尼



Note: ★ Entrance fees included; ◎ Sightseeing stop; Ⓜ Optional/Compulsory Item

DAY 1 Kuala Lumpur ➡ Kunming

Gather at Kuala Lumpur International Airport, fly to Kunming.

DAY 2 Kunming (4.5hrs) -339KM- Dali

★ Dali Ideal Land – Santorini of China

(Eco Car UP + Erhai Lake scenery included)

Blue-and-white buildings by Erhai Lake, offering romantic Mediterranean-style views.

Ⓜ Special Arrangement: Exquisite Afternoon Tea

Enjoy afternoon tea within Ideal Land, overlooking Erhai Lake.

◎ Dali Ancient City + Foreigner Street

Stroll through Bai-style ancient streets and the lively Foreigner Street.

DAY 3 Dali

◎ Xizhou Ancient Town

(Includes Three-Course Tea & singing performance)

Walk through Bai ethnic streets and experience traditional tea culture.

◎ S Bay Ecological Corridor

A scenic lakeside walkway surrounded by nature.

Ⓜ Compulsory Tour: RMB 488/person

Eternal Love Show + Bai Tie-Dye Experience + Erhai Lake Cruise (Fenghua Xueyue Cruise)

DAY 4 Dali (3.5hrs) -389KM- Lugu Lake

★ Lugu Lake Viewing Platform [Panoramic View of Lugu Lake]

Climb the viewpoint for a full view of Lugu Lake, surrounded by mountains. The lake reflects morning mist or sunset, making it perfect for photos and enjoying nature's beauty.

★ Mosuo Home Visit + Bonfire Night

Visit a Mosuo family and join the evening bonfire gathering.

Ⓜ Special Arrangement: Jia Cuo Dance Experience

Participate in the traditional Jia Cuo dance with locals.

DAY 5 Lugu Lake (3.5hrs) -200KM- Lijiang

★ Pig Trough Boat Tour on Lugu Lake [Liwu Bi Island]

Take a traditional Mosuo wooden boat across the tranquil lake and land on Liwu Bi Island to experience the peaceful island scenery and local culture.

★ Drive Around Lugu Lake

Enjoy a scenic drive around the lake, passing the Walking Marriage Bridge and Grass Sea, and stop at Lige Viewing Platform for views of Goddess Gemu Mountain.

◎ Lijiang Ancient City + Sifang Street

Stroll through the ancient city streets, experience Naxi culture, and enjoy the lively yet relaxed atmosphere.

◎ Black Dragon Pool

Famous for its clear waters reflecting Jade Dragon Snow Mountain, a perfect spot for photography and leisurely walks.

Ⓜ Recommended Experience:

Lijiang Ancient City Photoshoot (RMB 388 / person)

Includes 1 outfit, 1 makeup & hair styling, 20 digital photos and 5 retouched photos, capturing beautiful travel memories.

DAY 6 Lijiang

★ Jade Dragon Snow Mountain Scenic Area (Round-trip cable car included)

A national 5A scenic area and sacred mountain of the Naxi people. Take the cable car up to enjoy magnificent snow-capped peaks and alpine scenery.

※ In case of cable car adjustment, alternative cable routes or in-park attractions will be arranged accordingly.

★ Blue Moon Valley & Baishui River (Eco Bus Included)

Located within the Jade Dragon Snow Mountain area, featuring crystal-clear blue waters and stunning snow mountain reflections—an ideal photo spot.

Ⓜ Special Arrangement: Impression Lijiang Live Show

A large-scale outdoor performance directed by Zhang Yimou, set against Jade Dragon Snow Mountain, showcasing ethnic culture and highland life.

★ Yushui Village

A cultural village within the Jade Dragon Snow Mountain area, displaying traditional Naxi and Mosuo lifestyles and folk customs.

DAY 7 Lijiang (4.5hrs) ➡ Kunming

Ⓜ Special Arrangement:

High-Speed Train (Second Class) + Fast Track Service

Luggage transfer service included; no need to collect luggage. Please prepare an overnight bag.

DAY 8 Kunming ➡ Kuala Lumpur

◎ Dounan Flower Market

China's largest fresh-cut flower market, filled with color, fragrance, and Kunming's floral charm.

◎ Kunming Old Street

A well-preserved city-center district showcasing Ming and Qing dynasty architecture and culture.

◎ Jinma Biji Fang

A historic Kunming landmark from the Tang–Song era, symbolizing the city's rich cultural heritage.

◎ Nanping Pedestrian Street

Kunming's lively shopping street, lined with shops and food stalls and perfect for shopping and tasting local treats.

Gather at Kunming Airport, fly to Kuala Lumpur International Airport

*The itinerary and flight schedule are subject to the final confirmation before departure. Adjustments may be made as necessary.



行程亮点 HIGHLIGHTS

感受冰雪高原的绝美风光

乘区间车与大索道登上玉龙雪山冰川公园，俯瞰壮丽冰川与雪峰，感受高山雄伟景色与大自然震撼。

品味云南的慢生活

走进大理、丽江与喜洲古城，青瓦白墙、石板巷道，感受白族与纳西族的人文风情与悠然时光。

探索泸沽湖的宁静湖光与摩梭文化

乘猪槽船游泸沽湖，登里务比岛感受湖岛风情，参观摩梭人家，夜晚参加篝火晚会或巴士环湖，尽享湖光与摩梭文化的魅力。

当地特色餐

中式合菜 | 手抓饭 | 喜洲私房菜 | 马帮菜 | 摩梭风味 | 石锅鱼风味 | 纳西风味 | 精品土菜 | 动车简餐 | 过桥米线

Experience the Stunning Snowy Highlands

Take the shuttle and cable car to Jade Dragon Snow Mountain Glacier Park, overlooking majestic glaciers and peaks, and feel the grandeur of the highlands and the power of nature.

Savor Yunnan's Slow Life

Wander through the ancient towns of Dali, Lijiang, and Xizhou — cobbled streets and white walls reflecting the charm and laid-back rhythm of Bai and Naxi cultural.

Explore Lugu Lake's Tranquil Waters and Mosuo Culture

Take a pig trough boat on Lugu Lake, visit Liwu Bi Island to experience island life, tour a Mosuo family, and join a bonfire night or bus tour around the lake to fully enjoy the lake scenery and Mosuo culture.

Must Eat Locally

Chinese-Style Set Meal | Hand-Pulled Rice | Xizhou Homemade Cuisine | Horse Caravan Cuisine | Mosuo-Style Cuisine | Stone Pot Fish | Naxi-Style Cuisine | Specialty Local Dishes | High-Speed Train Meal | Guo Qiao Rice Noodles

餐饮安排 MEAL PLAN | 住宿 ACCOMMODATIONS

天数 DAYS	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER	特选酒店 SELECTED HOTELS
1	-	-	机上用餐 Meal on Board	★★★★★ 昆明万象城帝豪喜庭酒店或同级 Lihaus International Hotel or similar
2	酒店 Hotel Breakfast	中式合菜 Chinese-Style Set Meal	手抓饭 Traditional Hand Rice	★★★★★ 大理维也纳酒店或同级 Vienna International Hotel or similar
3	酒店 Hotel Breakfast	喜洲私房菜 Xizhou Homemade Cuisine	马帮菜 Horse Caravan Cuisine	★★★★★ 大理维也纳酒店或同级 Vienna International Hotel or similar
4	酒店 Hotel Breakfast	摩梭风味 Mosuo-Style Cuisine	石锅鱼风味 Stone Pot Fish	★★★★★ 泸沽湖九月天空宿或同级 Lugu Lake September Sky Stay or similar
5	酒店 Hotel Breakfast	中式合菜 Chinese-Style Set Meal	纳西风味 Naxi-Style Cuisine	★★★★★ 丽江艾维亚丽呈酒店或同级 Lijiang Aivia Rezen Hotel or similar
6	酒店 Hotel Breakfast	中式合菜 Chinese-Style Set Meal	篝火打跳+精品土菜 Bonfire dance + Specialty Local Dishes	★★★★★ 丽江艾维亚丽呈酒店或同级 Lijiang Aivia Rezen Hotel or similar
7	酒店 Hotel Breakfast	动车简餐 High-Speed Train Meal	中式合菜 Chinese-Style Set Meal	★★★★★ 昆明万象城帝豪喜庭酒店或同级 Lihaus International Hotel or similar
8	酒店 Hotel Breakfast	过桥米线 Guo Qiao Rice Noodles	机上用餐 Meal on Board	-

条规：

- 1. 行程、膳食、酒店住宿和交通可能会有所更动，恕不另行通知。
- 2. 若出现无法预测的特殊情况，特别是在旅游旺季期间，悦游将保留更改或取消行程的权利。
- 3. 若悦游的宣传手册或任何传播媒介，出现任何形式的印刷失误或遗漏，本公司一概不负责，并且保留更正的权利。
- 4. 每位参与悦游旅游团的成员，必须为自身安全或行为负责。若出现无法预测的特殊情况 (例如：交通延误/取消、天气、疾病、示威、战争等等)，因而引发额外支出的问题，悦游一概不负责，旅客需自行负责额外的费用。
- 5. 详情条规，请参阅单据背页
- 6. 以上图片仅供参考，请以实物为准。

Terms & Conditions:

- 1. Itineraries, meals, hotels and transportation are subject to change without prior notice.
- 2. VOYA Travel reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
- 3. VOYA Travel is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; VOYA Travel reserves the right to make corrections as required.
- 4. Every person participating in VOYA Travel's tours shall travel at his/her own risk. VOYA Travel shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
- 5. For other terms & conditions, refer overleaf of invoice
- 6. All pictures shown are for illustration purpose only.

中国团 - 附加条规：

- 1. 所有行程以中文讲解为主。
- 2. 三人房-房内第三名住客的床褥，将以折叠式为准。
- 3. 团费已包含并平均计算所有门票费用，恕不接受个人退款或退差价。

China Tours - Additional Terms & Conditions:

- 1. Tours are conducted in Mandarin.
- 2. Triple Room - Third person shall be based on rollaway bed.
- 3. All admission fees are already included in the tour fare and shared among the group. No individual refund or price difference will be given.

For Sales & Agent use only: