

CHKDLS
9天
Days
7晚
Nights

乐游昆大丽香

昆明 / 大理 / 丽江 / 香格里拉
Kunming / Dali / Lijiang / Shangri-La

Explore Kunming, Dali
Lijiang & Shangri-La



2026



特色安排

SPECIAL ARRANGEMENT

- 全程不入购物店 Zero Shopping Shop
- 东方圣托里尼-理想邦 China Santorini - Ideal City
- 洱海生态廊道 Erhai Ecological Corridor
- 张艺谋《印象丽江》大型实景表演
Zhang Yimou 《Impression Lijiang Show》 Live Performance



行程特点 ITINERARY HIGHLIGHTS

- 中国历史文化名城【丽江古城】
China Historical Town【Lijiang Ancient Town】
- 纳西族神山【玉龙雪山】
Naxi God Mountain【Yulong Snow Mountain】
- 云南九寨【蓝月谷风景区】
Yunnan Fairy Wonderland【Blue Moon Valley】
- 小布达拉宫【松赞林寺】
Little Potala Palace【Sungtseling Monastery】
- 中国最深峡谷【虎跳峡】
China Deepest Canyon【Tiger Leaping Gorge】

* 含票 Include Ticket

* 世界遗产目录 World Heritage Sites



膳食 MEALS

- 白族风味 Bai Cuisine
- 雪厨自助餐 Snow Kitchen Buffet
- 宫廷御宴(换装+歌舞)
Imperial Palace Banquet (Costume Change + Song and Dance)
- 峡谷风味 Canyon Cuisine
- 藏族土司宴(献哈达+歌舞)
Tibetan Tusi Feast (Hada + Singing & Dancing)
- 野生菌火锅 Wild Mushroom Hot Pot
- 过桥米线 Yunnan Rice Noodles
- 三道茶+歌舞+喜洲粑粑 Three Course Tea + Performance + Scone



酒店特色 HOTEL HIGHLIGHTS

- 住宿当地 4 星级酒店 Stay At Local 4 Stars Hotel



乐趣购物 FUN SHOPPING

- 丽江古城 Lijiang Ancient Town
- 大理古城 Dali Ancient Town
- 南强街巷 Nanqiang Pedestrian Road



中国
CHINA



飞机 Flight
往 Toward
地点 Destination
过夜 Overnight
注：以上的行程地图仅供参考。
Remark: Route are subject to change
based on any circumstances.

洱海生态廊道 Erhai Ecological Corridor

音乐车唱游洱海(每车配歌手/赠送小吃)

金花打跳

旅拍+航拍

(赠送电子照片每人3张+团队短视频)

Music Ride (Each vehicle with a singer/gift snacks)

Jinhua Dance

Photo & Drone Shot

(Includes 3 digital photos per person + a group short video)



玉龙雪山
Yulong Snow Mountain

第 1 天 出境 ✈️ 昆明 机上用餐

集合于国际机场，乘搭国际航班飞往素有春城之美誉的城市-昆明。
抵达后，接送入住酒店。

第 2 天 昆明 320km 大理 早午晚

理想邦(含上行电瓶车): 一个风格独特建筑群，临洱海而建，俯视仿佛倚靠苍山，里面有很多漂亮的民宿，被称为东方圣托里尼小镇。小镇大部分建筑都是以白色、浅褐色为主，具有浓浓的欧式建筑风格
大理古城: 城中有一贯穿南北的大街，街边有各种专卖大理石制品、扎染、草编等名特产品的店铺和风味十足的白族饮食店。

洋人街: 原名为护国路，意为民国初云南人民反对袁世凯称帝，起兵护国而得名。

五花楼: 是古城最具代表性的地标之一，也是一座承载历史与文化的标志性建筑。

第 3 天 大理 200km 丽江 早午

白沙村: 是纳西族最早的聚居地之一，是丽江古城文化的发源地，被称为“丽江的原点”，也是白沙壁画的所在地。

丽江古城: 此古城1997年联合教科组织认定为世界文化遗产城内景色优美、小桥流水，别有一番景色。

四方街: 位于丽江古城中心，以五彩石铺地，平坦洁净、雨不积水。

第 4 天 丽江 早午晚

玉龙雪山(含大索道+环保车): 中国最南的雪山，也是横断山脉的沙鲁里山南段的名山，世界上北半球纬度最低、海拔最高的山峰。

游览四千五百零六米海拔之雪山冰川公园。(视天气情况而定)

甘海子: 天然的大牧场，不时眼前还有牦牛走过，一派高原牧场风光。在甘海子可看到玉龙雪十三个峰依次排开，是仰视玉龙雪山全貌最近的、也是最佳的地方。

白水河: 一条由玉龙雪山融化的冰川雪水汇成的河流，沿着山谷层叠跌跃而下，水清澈墨绿，因河床由沉积的石灰石碎块组成，呈灰白色，清泉流过，远看就象一条白色的河，因此而得名。

蓝月谷风景区(含电瓶车): 云南九寨之称。晴天时，水的颜色是蓝色的，山谷呈月牙形，远看就像一轮蓝色的月亮镶嵌在玉龙雪山脚下；雨天时水会变成白色。

玉水寨: 以纳西民族文化为核心，与自然景观完美融合的风景名胜。“山有多高，水有多高”，这是人们对玉水山寨的赞誉。

备注: “大索道”因不可抗力因素取消，协调替换为云杉坪索道

第 5 天 丽江 180km 香格里拉 早午晚

虎跳峡(含上下扶梯): 中国云南省丽江一处峡谷，位于玉龙与中甸之间的金沙江干流上。相传金沙江逢枯水期时，有猛虎下山，在此江中的礁石上稍一脚后腾空便越过，故称「虎跳峡」，江中的礁石则称作「虎跳石」。

独克宗古城: 古城依山势而建，它是按照佛经中的香巴拉理想国建成的，有“建在石头上的城堡”和“月光城”两层含义。

龟山公园: 公园入口处有一很大的水池，清澈透亮，是古井的泉水，水可直接饮用，以前城里许多人家生活用水都是取自这里的。

独克宗古城转经筒: 香格里拉独克宗古城内的转经筒是世界上目前最大，最高的转经筒，高21米，总重60吨，筒身为纯铜镀金，筒壁上浮雕文殊、普贤、观音、地藏四大菩萨。



独克宗古城
Du Ke Zhong Ancient Town

第 6 天 香格里拉 280km 大理 早午

松赞林寺(含环保车): 由五世达赖亲自赐名。松赞林寺依山而建，远望与拉萨布达拉宫颇有些相似，因其规模宏大，故有“小布达拉宫”的美誉。

纳帕海(不含骑马): 位于香格里拉县城西北部，是高原季节性湖泊。纳帕海四季景致各有特色，夏末秋初是雨季，此时水量较大，纳帕海是一大片湖泊，湖边是一小片草场。

喜州白族民居: 一边品尝白族“三道茶”，一边观赏白族歌舞表演。

第 7 天 大理 320km 昆明 早午晚

花语牧场(四季花田): 苍山脚下、洱海之畔，是一个以“四季花海”为主题打造的高颜值打卡地，也被称为“现实版童话花园”。

洱海生态廊道: 沿途有许多的风景景点和历史名胜古迹，如三圣岛、龙龕码头、才村码头、马久邑、古生村、海舌湿地公园、桃源码头等景点和古迹。

第 8 天 昆明 早午

斗南花卉市场: 是亚洲乃至全球最大、最知名的花卉交易中心之一。

金马碧鸡坊: 高12米宽18米，具有昆明民俗特色、雕梁画栋、精美绝伦，东坊临金马山而名为金马坊，西坊靠壁鸡山而名为碧鸡坊。

南强街巷: 这个充满了历史与烟火气息的街区，以颇具民族特色的小商品和地方小吃，成为游客体验春城饮食文化和夜生活的首选之一。

季节限定(视天气/季节选其一):

【10月底-11月底】:黑龙潭“赏枫叶季”

【11月-次年二月】:海埂大坝(冬季观海鸥)

旅程结束，送往机场乘搭客机飞返美丽的家园。

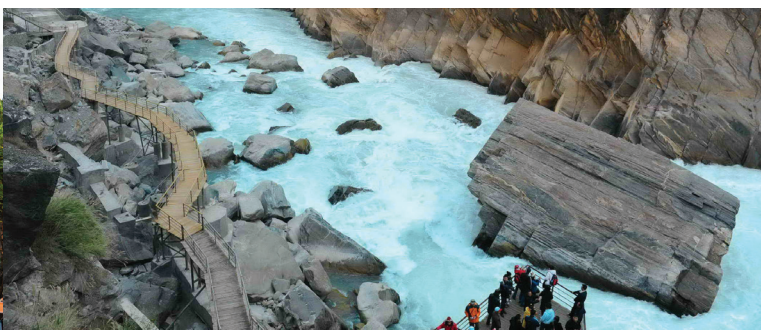
第 9 天 昆明 ✈️ 入境 机上用餐

鸿运期待与您再次出发!





白沙村
Basha Village



虎跳峡
Tiger Leaping Gorge

Day 1 Depart ✈ Kunming

MOB

Assemble at international airport, departure flight to Kunming- capital of Yunnan, China.

Upon arrival, check into the hotel.

Day 2 Kunming 320km Dali

BLD

Ideal City (Include Upward Buggy): A unique buildings near the Erhai Lake, looking down as if leaning on Cangshan Mountain, known as the China Santorini. Most of the buildings are mainly white and light brown, with a strong European architectural style.

Dali Ancient Town: There is a street cover north-south of the town, has a variety of shops which selling marble products, handicrafts and local people products.

Foreigner Street: Where early opposition of Republican People's to Emperor Yuan took place.

Wuhua Building: It is one of the most representative landmarks of the ancient city, and a landmark building that carries history and culture.

Day 3 Dali 200km Lijiang

BL

Baisha Village: It is one of the earliest settlements of the Naxi people, the birthplace of Lijiang Ancient Town culture, known as the "origin of Lijiang", and the location of Baisha murals.

Lijiang Ancient Town: Also known as 'Oriental Venice'. A well-preserved old city of ethnic minorities with brilliant culture, listed in UNESCO World Heritage in 1997. Continue visit to Sifang Street, the center of the town.

Quartet Street: Located in the ancient city of Lijiang, with colorful stone pavement.

Day 4 Lijiang

BLD

Jade Dragon Snow Mountain (Include Cable Car + Shuttle Bus):

Famous for its variant and beautiful natural scenes, considered sacred mountain among the local Naxi ethnic people. (Subject To Weather Condition)

Ganhaizi: An open meadow in the east side of Jade Dragon Snow Mountain, you can see all kinds of trees and flowers, orchids, wild peony, snow lotus and so on.

Baishui River: A river formed by meltwater from the glaciers of Jade Dragon Snow Mountain flows down the valley in cascading steps. The water is clear and emerald-green, and the riverbed is made up of deposits of limestone fragments, giving it a grayish-white hue. As the clear spring waters pass over it, from a distance it appears like a white river—hence its name."

Blue Moon Valley (Include Buggy): It is like a blue moon inset at the bottom of the Jade Dragon Snow Mountain, thus it wins the beautiful name Blue Moon Valley.

Jade Water Village: Is a small village in Lijiang City and is a Dongba cultural centre. It is home to the Naxi tribal people.

Remark: If the cableway is cancelled due to force majeure, it will be replaced by the Yunshanping Cableway

Day 5 Lijiang 180km Shangri-La

BLD

Tiger Leaping Gorge (include Two Way Escalators): A scenic canyon on the Jinsha River, a primary tributary of the upper Yangtze River. Located 60km north of Lijiang City, Yunnan in southwestern China. It is part of the Three Parallel Rivers of Yunnan Protected Areas World Heritage Site.

Du Ke Zhong Ancient Town: The town are full of Tibet style building, with white color, when at night reflection of moon light will be seen very beautiful view.

Gui Shan Park: One of the mountain located in Sangri-La city.

Ancient Prayer Wheel: World's larger prayer wheel barrel in copper gold plated, tube high 21m, the total weight of 60 tons, walls of sunken in high relief Manjusri, Samantabhadra, Guanyin the Bodhisattva.

Day 6 Shangri-La 280km Dali

BL

Sungtseling Monastery (Include Buggy): Tibetan Buddhist monastery situated 5 kilometres from the city of Zhongdian at elevation 3,380 metres in Yunnan province, China.

Napahai Lake (Does not include horse riding): Means "the lake besides forest". A seasonal mountain lake, and also one of the few the thermal alpine swamp and swamp meadow in Yunnan province.

Xizhou Bai Traditional Residences: Enjoy the Bai ethnic group's "Three Courses of Tea" while watching Bai folk song and dance performances.

Day 7 Dali 320km Kunming

BLD

Huayu Pasture (Four -Season Flower Fields): Located at the foot of Cangshan Mountain and on the shore of Erhai Lake, this scenic spot is a high-value tourist destination themed around "flowers in all four seasons" and is also known as a "real-life fairy tale garden".

Erhai Ecological Corridor: Connects the parks, traditional villages and the picturesque countryside scenery. Especially, it connects more than 100 villages alongside the corridor, and it is also called a string of pearls around the Erhai Lake.

Day 8 Kunming

BL

Dounan Flower Market: One of the largest and most famous flower trading centers in Asia and even the world. Here you can also learn about the auction process, flower packing and logistics of large-scale flower trading.

Golden Horse & Jade Rooster Memorial Archways: They were built in the reign of Emperor Xuande in the Ming Dynasty, giving them a history of 400 years at present. Both have distinctive ethnic characteristics and are considered the symbol of Kunming.

Nanqiang Pedestrian Street: This street has become one of the first choices for tourists to experience the food culture and nightlife with its small commodities and local snacks with ethnic characteristics.

Seasonal Events (Choose one based on weather/season):

[Late October - Late November]: Heilongtan "Maple Leaf Viewing Season"

[November - February of the following year]: Haigeng Dam (Seagull Viewing in Winter)

End of journey, return flight to home.

Day 9 Kunming ✈ Return

MOB

iO Travel hope to serve you again soon !





印象丽江
Impression Lijiang Show



洱海生态廊道
Erhai Ecological Corridor



丽江古城
Lijiang Ancient Town



理想邦
Ideal City

20260413

出发日期 DEPARTURE DATE :

团费 TOUR FARE :

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2. 所有航班如有更改，恕不另行通知。
3. 旅游细则与附带条件，以收据背项为准。
4. 自由活动项目自费项目由客人自行选择与付费。
5. 如有包含门票，将特别注明。
6. 如有购物站，将特别注明。
7. 旅程以华语，粤语或英文讲解。
8. 每团至少16位成员才能铁定出发。如团体少于16为成员，本公司保留决定操作或取消此行程。
9. 所有酒店评级，均以当地为标准。如遇到当地酒店客满，不可预测等因素，将以同级酒店取代。
10. 房型是根据酒店分配，本公司不负责所分配房型差异。
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- 1) iO reserves the right to make appropriate changes and adjustments of the itinerary due to local weather, road conditions, unexpected situations and irresistible factors without prior notice.
- 2) All flight are subject to change without prior notice.
- 3) All Booking will be subjected to terms and conditions as stipulated in the official receipts.
- 4) Participation of optional tours will be at passengers own expense.
- 5) Admission and entrance ticket will be included where specified.
- 6) Shopping stops will be included where specified.
- 7) Tour is conducted in Chinese, Cantonese or English.
- 8) Minimum group size of 16 passenger is required for a confirmed departure. Group size of 15 and below will solely be at discretion of iO travel.
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- 10) Room types are based on run of house an allocated by respective hotels. iO will not be responsible for the differences of the room allocated.
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